

# 2019-2020 ALL SPORTS & COACHES UPDATES

## FALL SPORTS UPDATE

### SPORTS INSURANCE INFORMATION

Football insurance, for those who choose to take it, will be available at equipment checkout for \$250.00. Other coverage, which includes interscholastic sports coverage, is also available through a standard school time accident plan costing \$91.00 or a 24-hour accident plan at the cost of \$174.00 per student. (Neither the standard nor the 24-hour plans cover football injuries but they do cover all other sports.) An optional dental plan is also available for \$9.00 per year. Insurance forms will be available in the main office or through the student's homeroom advisor at the beginning of the school year.

### FOOTBALL:

A **mandatory parent meeting** for all 9<sup>th</sup>-12<sup>th</sup> grade football players will be **Tuesday, August 6th at 6:30 p.m.** in Rm 220. All parents of football players need to attend.

10 – 12th Grade: **Captain's conditioning times/dates** will be August 6, 7, and 8<sup>th</sup> at 4:00.

9th Grade: The first practice will be held on Monday, August 12 at 4:00 p.m. to issue helmets and equipment, **along with practice.**

The **Westside Football Camp** will take place Monday-Thursday, July 22-25 and Monday-Tuesday, July 29-31 from 7:30 – 10:30 a.m. for all 9-12-grade football players. Registration for the camp needs to be done online at <https://whs.westside66.org/news/registration-underway-for-westside-summer-sports-camps/>. It is important for all 9-12 grade football players to attend camp.

Offensive /Defensive/Special Teams will be implemented during the camp for the fall season.

**Head Coach:** Brett Froendt, [froendt.brett@westside66.net](mailto:froendt.brett@westside66.net)

**Junior Varsity:** Jack Sortino, [sortino.jack@westside66.net](mailto:sortino.jack@westside66.net)

**Ninth Grade Coach:** Otis Seals, [seals.otis@westside66.net](mailto:seals.otis@westside66.net)

### BOYS AND GIRLS CROSS COUNTRY:

Any 9th through 12th grade boys and girls who are interested in participating in cross country, should meet by the entrance to the football field on Monday, August 12th at 7:00 a.m. Our summer program meets at the entrance to the football field for the summer conditioning at 8 a.m., Monday - Friday, from June 3 through August 9. Those planning on participating in the fall are encouraged to attend summer conditioning to train and participate in running games and activities. **All physical and consent forms must be turned into the main office before the first day of practice on Monday, August 12th.**

**Head Girls/Boys Coach:** Theresa Gosnell, 402-343-2769 or [gosnell.theresa@westside66.net](mailto:gosnell.theresa@westside66.net)

### SOFTBALL:

Practice sessions for softball candidates will be held at Westside Field @ Westbrook, 78th & Western Ave. For the first day of practice, all juniors and seniors will practice Monday, August 12, from 4:00 - 5:30 p.m. and all freshmen and sophomores will practice from 5:30 – 7:00 p.m. **All physical & consent forms must be turned into the main office before the first day of practice on Monday, August 12th.**

There will be a summer softball conditioning at Westside Fields @ Westbrook. Please contact Coach Eadus at [eadus.tabitha@westside66.net](mailto:eadus.tabitha@westside66.net) with specific questions.

### GIRLS GOLF:

Girl's golf candidates are asked to attend an informational meeting on Monday, August 12th at 3:30 p.m. in the Little Theater. **All physical and consent forms must be turned into the main office by August 12<sup>th</sup>.**

**Head Coach:** Barry Glanzer, Hm 402-234-2798, Wk 402-408-8613 or [glanzer.barry@westside66.net](mailto:glanzer.barry@westside66.net)

### **VOLLEYBALL:**

**Tryouts:** August 12th starting at 4-6:30, August 14th 4-6:30, and August 14th 4-6:30. Teams will be selected on August 14<sup>th</sup> following tryouts. Contact the coaching staff regarding summer workouts and lifting schedules.

**All physical and consent forms must be turned into the main office before practice on August 12.**

**Head Coach:** Korrine Bowers, [bowers.korrine@westside66.net](mailto:bowers.korrine@westside66.net)

**JV Coach:** Virgie Widdowson, [402-408-8624](tel:402-408-8624) or [widdowson.virgie@westside66.net](mailto:widdowson.virgie@westside66.net)

**Freshman Coach:** Colleen Hurtado, [hurtado.colleen@westside66.net](mailto:hurtado.colleen@westside66.net)

### **BOYS TENNIS:**

Practice will begin Monday, August 12 at the Westside tennis courts from 3:30-5:30 p.m. Bring a racket and be prepared to play try-out matches during that time. If you have any questions over the summer, please contact Coach Warkentin via e-mail or phone.

**Head Coach:** Jordane Warkentin, [warkentin.jordane@westside66.net](mailto:warkentin.jordane@westside66.net), 402-217-4205

**JV Coach:** Denise Hazelrigg, 402-614-3164 or [hazelrigg.denise@westside66.net](mailto:hazelrigg.denise@westside66.net)

## **WINTER AND SPRING SPORTS UPDATE**

The first day of practice for the winter sports season is **Monday, November 18, 2018**. The programs offered are Boys & Girls Basketball, Boys & Girls Swimming and Diving and Wrestling. Please contact the following coaches for more information:

### **Boys Basketball:**

Head Coach - Jim Simons, 402-343-2751 or [simons.james@westside66.net](mailto:simons.james@westside66.net)

JV Coach – Otis Seals, [seals.otis@westside66.net](mailto:seals.otis@westside66.net)

Reserve Coach – Tyler Wrice, [wrice.tyler@westside66.net](mailto:wrice.tyler@westside66.net)

Freshman Coach –Derek Porter

### **Girls Basketball:**

Head Coach – Steve Clark, 402-408-8773 or [clark.steven@westside66.net](mailto:clark.steven@westside66.net)

JV Coach – Tom Marasco, 402-343-2708 or [marasco.thomas@westside66.net](mailto:marasco.thomas@westside66.net)

Reserve Coach – Holly Currie, [currie.holly@westside66.net](mailto:currie.holly@westside66.net)

### **Wrestling:**

Head Coach - Michael Jernigan, 402-343-2655 or [jernigan.michael@westside66.net](mailto:jernigan.michael@westside66.net)

Assistant Coach - Reed Weber, [weber.reed@westside66.net](mailto:weber.reed@westside66.net)

JV Coach - Nick Schroeder

Freshman Coach – Bob Mulligan

### **Boys/Girls Swimming & Diving:**

Head Coach - Doug Krecklow, 402-343-2801 or [dkrecklow66@gmail.com](mailto:dkrecklow66@gmail.com)

Assistant Coach – [kittyfins@cox.net](mailto:kittyfins@cox.net)

The spring sports season begins **Monday, March 2<sup>nd</sup>, 2019**. Baseball, Boys Golf, Boys & Girls Soccer, Girls Tennis, and Boys & Girls Track are in competition during the spring.

Please contact the following coaches for more information:

Head Coach - Bob Greco, 402-343-2670 or [greco.robert@westside66.net](mailto:greco.robert@westside66.net)

JV Coach - Otis Seals, 402-343-2763 or [seals.otis@westside66.net](mailto:seals.otis@westside66.net)

Reserve Coach – TBA

**Boys Soccer: TBA**

**Girls Soccer: TBA**

**Boys/Girls Track:**

Head Boys Coach – Tobin Ehlers, 402-343-2730 or [ehlers.tobin@westside66.net](mailto:ehlers.tobin@westside66.net)

Head Girls Coach - Jon Preister, 402-343-2737 or [preister.jonathan@westside66.net](mailto:preister.jonathan@westside66.net)

**Boys Golf:**

Head Coach - Brett Froendt, 402-343-2632 or [froendt.brett@westside66.net](mailto:froendt.brett@westside66.net)

**Girls Tennis:**

Head Coach – Jordane Warkentin, [warkentin.jordane@westside66.net](mailto:warkentin.jordane@westside66.net)

JV Coach: Denise Hazelrigg, 402-614-3164 or [hazelrigg.denise@westside66.net](mailto:hazelrigg.denise@westside66.net)

**\*\*\* ONLINE SPORTS SCHEDULES \*\*\***

The athletic schedule website can be located at [www.mhsaaconference.org](http://www.mhsaaconference.org). On the website home page, you can select Westside from the list of schools on the right and go to our athletic calendar, which has a listing of all sports schedules for the 2019-2020 school year.

You can also access the athletic schedule website from the Westside High School website home page. In the top red navigation bar, under Athletics, you can click on “WHS Athletic Calendar” which will take you the new athletic schedule website. You can also view the scheduled athletic events by clicking on “Overview” under the Athletics heading. At bottom of the overview section, you can “click here” to view the calendar of athletic events.

Another viewing option is to select the activities calendar under Activities on the navigation bar and then click on WHS Athletic Calendar which will also take you to the athletic schedule website.

To view all Westside activities and athletic events on the same calendar, click on the activities calendar under Activities, then select “all activities”. You can then view the public calendar that contains the combined scheduled activities at the high school

**\*\*\* ATHLETIC TICKETS \*\*\***

All students who participate in any sport, cheerleading or varsity dance **must** purchase an athletic ticket **prior** to the start of their sport or season. The cost of the ticket is **\$35.00** per school year. Fall and winter sport participants must also purchase an athletic ticket. All students are encouraged to purchase their ticket at the start of the year so they can get the maximum benefit from their ticket.

**\*\*\* ATHLETIC SEASON TICKET PASSES...\$AVE \*\*\***

Adult season passes for all sports will be available again through the Westside Athletic Club for this school year. More information on how to purchase a season pass will be available from the club at the beginning of school in August.