

WESTSIDE HIGH SCHOOL HEAD INJURY/CONCUSSION ACKNOWLEDGEMENT FORM

I understand that there is a possibility that participation in any sport may result in a head injury and/or concussion. Furthermore, I have been provided with the *Concussion Information and Fact Sheets for Parents and Student-Athletes* and understand the importance of reporting a head injury and/or concussion to parents, coaches and athletic training staff.

After reading the Concussion Information and Fact Sheets for Parents and Student-Athletes, I am aware of the following information:

- A concussion is a brain injury, which I am responsible for reporting.
- A concussion can affect ones ability to perform everyday activities, affect reaction time, balance, sleep quality, and classroom performance.
- A student-athlete will not be allowed to return to a game or practice until cleared by a licensed health care professional, trained in evaluation and management of traumatic brain injuries or the Westside High School Athletic Trainer.
- Following a concussion, the brain needs time to heal. There is an increased likelihood for a repeat concussion if an individual returns to play before symptoms have resolved.
- In certain instances, repeat concussion can cause permanent brain damage, even death.
- At any point following a suspected concussion any of the following individual reserves the right to voice concern for the safety of a student-athlete and prohibit them from returning to play:
 - Athletic Trainer - Licensed Health Care Professional
 - Coach - Parent
 - Student-Athlete

By signing below, I understand the importance of the statements above and have asked any, and all questions regarding the above statements. I further understand that I will not be allowed to participate in Westside High School Athletics until a Parent/Guardian signs this form.

I hereby attest that I have read, fully understand, and will abide by the above statements.

Student-Athlete Name

Sport(s)

Student-Athlete Signature

Date

Parent/Guardian Signature (REQUIRED)

Date

Please sign this page and return with all other required forms.